

Control Procedure

Athlete rights

- Be assisted by a doctor or a representative;
- Be informed about the sample collection procedure;
- Be informed of the consequences of refusing to undergo doping control;
- Request the assistance of an interpreter if necessary;
- Have a choice of doping control equipment;
- Record comments regarding the conduct of the control procedure.

Athlete responsibilities

- Report immediately to the doping control station, unless there is a valid reason for delay;
- Remain at all times under the direct supervision of the Doping Control Officer or the chaperone;
- Present an official identification document;
- Comply with sample collection procedures (any failure may constitute an anti-doping rule violation).

Steps to be followed during a test

- **Athlete selection:** selection policy adopted by AMAD (random selection, targeting, podium, etc.);
- **Notification:** the doping control officer (DCO) or escort informs the selected athlete and explains his rights and responsibilities. The selected athlete must sign the notification to indicate his consent
- **Reception at the doping control station:** the selected athlete must report to the station as quickly as possible. The DCO may grant a delay to report, if there are valid reasons ;
- **Sample collection equipment:** the athlete must select from at least three types of sample collection equipment; in addition to a urine sample, a blood sample may also be requested
- **Collection of the urine sample:**
 - The selected athlete must provide a urine sample under the supervision of the DCO or a chaperone of the same sex;
 - A urine volume of more than 90 ml is required and the sample is divided by the athlete between vials A and B;
 - The athlete personally seals bottles A and B securely;
- **Specific gravity measurement:** The DCO measures the specific gravity of the urine sample to ensure it's not excessively diluted.
- **Signing the Doping Control Form:** after completing and verifying that all the information on the DCF is correct, the athlete must sign the form.
- **Sending the samples to the laboratory:** the sealed samples are sent to a laboratory accredited by the World Anti-Doping Agency.

